

## Scitec Nutrition ISOTEC ENDURANCE 1000g - Carbohydrate, electrolyte & fluid replenishment formula



**Product Categories:** [Pre-Workout Formulas](#)

**Product Page:** <https://topsupplement.co.uk/product/isotec-endurance-1000g>

### Product Variants

- Scitec Nutrition ISOTEC ENDURANCE 1000g - Carbohydrate, electrolyte & fluid replenishment formula - Lemon ice tea (#10302)
- Scitec Nutrition ISOTEC ENDURANCE 1000g - Carbohydrate, electrolyte & fluid replenishment formula - Orange (#10303)
- Scitec Nutrition ISOTEC ENDURANCE 1000g - Carbohydrate, electrolyte & fluid replenishment formula - Rapsberry ice tea (#10304)

## Product Summary

### Directions

Add 3/4 scoop (33 grams) of Isotec Endurance to 500 ml water. Use it during exercise to replenish carbohydrates, fluid and electrolytes (minerals). Isotec Endurance can also be utilized 30-60 minutes prior to activity to provide pre-workout carb- and fluid-loading, or post-workout to help restore muscle glycogen stores. Use this product in conjunction with food as part of a healthy, balanced diet, not as a substitute for such.

### Allergen info

Manufactured in a facility that processes milk, soy and egg proteins, and gluten, peanuts!

### Flavors

lemon ice tea: 33 g

lemon ice tea, orange, raspberry ice tea: 1000 g

### Sizes

33 g (packet) - 1 serving, 1000 g - 30 servings

## Product Description

### **WITH ANTIOXIDANT & IMMUNE SUPPORT**

Both resistance (weight) training and endurance exercise can decrease the body's energy stores and lead to fluid and electrolyte loss. Hot and humid environments can further increase this process that may result in a drop of performance.

Therefore it can be beneficial to replenish all lost vital substrates. Isotec Endurance provides a "tri-carb" source that means 3 different characteristic carbohydrates. The prepared carbohydrate-electrolyte drink contributes to the maintenance of endurance performance during prolonged endurance exercise and enhances the absorption of water during physical exercise. Vitamin C helps to maintain the normal function of the immune system during and after intense exercise. The beneficial effect is obtained with a daily intake of 200 mg (found in 1 serving of

Isotec Endurance) in addition to the recommended daily intake of Vitamin C!

Vitamin E contributes to the protection of cells from oxidative stress.\*

Some of Isotec Endurance's mineral ingredients contribute to one or more of the following beneficial physiological effects\*:

- Electrolyte balance
- Normal energy-yielding metabolism
- Reduction of tiredness and fatigue
- Normal functioning of the nervous system: neurotransmission and muscle contraction including heart muscle
- Normal function of cell membranes
- Normal protein synthesis
- Maintenance of normal bones and teeth

*\* These statements have been authorized by the European Food Safety Authority.*

**ASPARTAME FREE!**