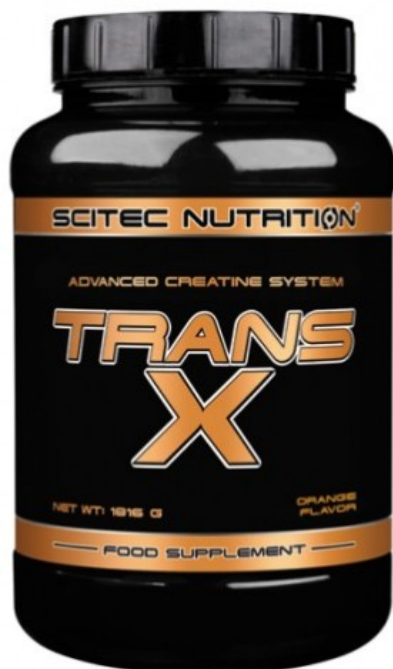


## Scitec Nutrition TRANS-X 1816g



**Product Categories:** [Creatines](#)

**Product Page:** <https://topsupplement.co.uk/product/trans-x-1816g>

### Product Variants

- Scitec Nutrition TRANS-X 1816g - Lemon (#10260)
- Scitec Nutrition TRANS-X 1816g - Orange (#10261)

### Product Summary

#### **Directions**

Use 450 ml or 900 ml water to dilute the 50 g or 100 g serving. Depending on your muscle mass, take a small or large serving of TRANS-X two times a day upon

awakening and after training in the “loading phase” (first 5 days of use). For maintenance use 1 serving after training, or upon awakening on non-workout days. The small serving can be taken with a serving of protein.

### **Allergen info**

Manufactured in a facility that processes milk, soy and egg proteins, gluten and peanuts!

### **Flavors**

lemon, orange

### **Sizes**

908 g - 18 servings; 1816 g - 36 servings; 3500 g - 70 servings

## Product Description

Trans-X is an outstanding supplement to enhance high-intensity physical performance. It has a powerful dose of Creatine from the most studied Creatine form ever. Creatine in at least a 3 g daily dose is scientifically proven to increase performance in successive burst of short-term, high intensity exercise like weight training and interval cardio\*. Creatine is a nitrogenous organic acid that occurs in vertebrates. Approximately 95% of the Creatine in the body is located in skeletal muscle.

It helps to supply energy to all cells, primarily muscle, by increasing the formation of Adenosine TriPhosphate (ATP) acting as cell energy reserve also for muscle contractions. The well-known and popular ingredients Ribose, Glutamine, Arginine, Taurine and Lipoic Acid are also included in the formula. The high dose, high glycemic index dextrose is part of the formula and it helps to replenish depleted carbohydrate stores in the body.

*\*This statement has been scientifically proven and authorized by the European Food Safety Authority.*

## Product Gallery

