

## Scitec Nutrition PROTECTED CREATINE PYRUVATE



Real Price: £12.39

Current Sale Price: £11.25

**Product Categories:** [Creatines](#)

**Product Page:**

<http://topsupplement.co.uk/product/scitec-nutrition-protected-creatine-pyruvate>

### Product Summary

#### Directions

Take one serving (8 capsules) a day on an empty stomach with ample fluids, mainly around training, preferably with simple carbohydrates.

#### Product Description

**IN STOMACH ACID PROTECTIVE CAPS!**

PROTECTED CREATINE PYRUVATE is a “designer compound”, an authorized advanced ingredient formed when Pyruvic Acid is chemically bonded with Creatine Monohydrate. It was designed with the intention to combine 2 substances that have important roles in the body.

PROTECTED CREATINE PYRUVATE is in stomach acid protective, delayed-release vegetarian capsules! These plant-based special capsule shells are designed for optimal delivery of sensitive active ingredients.

Approximately 95% of the Creatine in the body is located in skeletal muscle cells. These cells can store more Creatine than what you normally get from your daily diet and is synthesized by the body. By supplementing your diet with Creatine your muscles will retain more Creatine.

The beneficial effect is obtained with a daily intake of at least 3 grams of Creatine! With capsuled Creatines “slow loading” is suggested. Typically in 30 days muscle Creatine saturation will have increased significantly. Creatine in a minimum of 3 g daily dose is scientifically proven to increase performance in successive bursts of short-term, high intensity exercise like weight training and interval cardio\*.

Pyruvate is a player in the Krebs-cycle, an energy generating cycle.

\*This statement has been scientifically proven by the European Food Safety Authority (EFSA) and authorized by the European Commission (EC).

### **Allergen info**

Manufactured in a facility that processes milk, egg, gluten, soy, peanuts, nuts, celery, fish and crustacean ingredients.

### **Warnings**

DON'T EXCEED THE RECOMMENDED DAILY DOSAGE! KEEP OUT OF REACH OF CHILDREN! Use this product in conjunction with food as part of a healthy, balanced diet, not as a substitute for such.

### **Size**

100 capsules - 12 servings