

## Scitec Nutrition Ami-NO Xpress - Performance Intra-Workout Amino Complex 440g



**Product Categories:** [Amino Acids](#), [Special Products](#)

**Product Page:** <https://topsupplement.co.uk/product/scitec-nutrition-ami-no-xpress>

### Product Variants

- Scitec Nutrition Ami-NO Xpress - Performance Intra-Workout Amino Complex 440g - Peach ice tea (#10620)
- Scitec Nutrition Ami-NO Xpress - Performance Intra-Workout Amino Complex 440g - Orange mango (#10619)

### Product Summary

## Directions

Mix 1 serving (22 g) with 500 ml water and drink it during your workout.

## Allergen info

Manufactured in a facility that processes milk, egg, gluten, soy, peanuts, nuts, fish and crustacean ingredients.

## Warnings

Beta-Alanine may cause a harmless, temporary tingling sensation on the skin for some individuals. Use this product in conjunction with food as part of a healthy, balanced diet, not as a substitute for such. Keep out of the reach of children! **DON'T EXCEED THE RECOMMENDED DAILY DOSAGE!**

## Flavor

orange mango, peach ice tea

## Sizes

440 g - 20 servings

## Product Description

### **MICRONIZED AMINO ACIDS, BETAINE, L-CITRULLINE, BETA-ALANINE & MORE!**

Crush your workouts with the new AMI-NO XPRESS formula designed for high intensity training! AMI-NO XPRESS is an intra-workout formula with 19 carefully selected active ingredients in 4 different matrixes that are important for multiple long duration workouts! Betaine is a methyl donor in the human body. Many important biochemical processes rely on methylation (e.g.: methylation of homocysteine to form L-Methionine that is the part of the well-known Creatine structure; and is the starter amino acid in protein synthesis).

We made sure to give you micronized amino acids for faster absorption, including micronized BCAA's and micronized L-Arginine (the precursor of Nitric Oxide and Creatine). And to top it all we added pure L-Citrulline (an even better Nitric Oxide booster!) alongside Malic Acid and L-Arginine Alpha-Ketoglutarate (AAKG) that are key intermediates of important metabolic cycles. All the extra amino acids, Beta-Alanine, vitamins and minerals will keep you on track as well during your

hardcore, sweaty training!

Phosphorus and Vitamins B6, B12 contribute to normal energy-yielding metabolism. Vitamins B9 and B12 contribute to the reduction of tiredness and fatigue. Vitamin C helps to maintain the normal function of the immune system during and after intense exercise. The beneficial effect is obtained with a daily intake of 200 mg (found in 1 serving of AMI-NO XPRESS) in addition to the recommended daily intake of Vitamin C! Magnesium contributes to normal muscle function and protein synthesis. Magnesium and Phosphorus contribute to the maintenance of normal bones. Potassium contributes to normal muscle function, maintenance of normal blood pressure and to the normal functioning of the nervous system.