

## Scitec Nutrition HOT BLOOD 3.0 - Pre-Workout Creatine Amino Acids



£11.90 - £21.55][15, 117, 84][14]

**Product Categories:** [Pre-Workout Formulas](#), [Scitec Nutrition](#)

**Product Page:** <http://topsupplement.co.uk/product/hot-blood-3-0>

### Product Variants

- Scitec Nutrition HOT BLOOD 3.0 - Pre-Workout Creatine Amino Acids - 300g, Blue Guarana (#10278)
- Scitec Nutrition HOT BLOOD 3.0 - Pre-Workout Creatine Amino Acids - 820g, Blue Guarana (#10279)
- Scitec Nutrition HOT BLOOD 3.0 - Pre-Workout Creatine Amino Acids - 300g, Pink Lemonade (#11106)

- Scitec Nutrition HOT BLOOD 3.0 - Pre-Workout Creatine Amino Acids - 300g, Guarana (#11104)
- Scitec Nutrition HOT BLOOD 3.0 - Pre-Workout Creatine Amino Acids - 300g, Orange Maracuja (#11105)
- Scitec Nutrition HOT BLOOD 3.0 - Pre-Workout Creatine Amino Acids - 300g, Blood Orange (#11107)
- Scitec Nutrition HOT BLOOD 3.0 - Pre-Workout Creatine Amino Acids - 820g, Orange Maracuja (#12368)
- Scitec Nutrition HOT BLOOD 3.0 - Pre-Workout Creatine Amino Acids - 820g, Blood Orange (#12371)
- Scitec Nutrition HOT BLOOD 3.0 - Pre-Workout Creatine Amino Acids - 820g, Guarana (#12372)
- Scitec Nutrition HOT BLOOD 3.0 - Pre-Workout Creatine Amino Acids - 820g, Pink Lemonade (#12373)
- Scitec Nutrition HOT BLOOD 3.0 - Pre-Workout Creatine Amino Acids - 300g, Orange (#10280)
- Scitec Nutrition HOT BLOOD 3.0 - Pre-Workout Creatine Amino Acids - 300g, Tropical Punch (#10281)
- Scitec Nutrition HOT BLOOD 3.0 - Pre-Workout Creatine Amino Acids - 820g, Orange (#10282)

- Scitec Nutrition HOT BLOOD 3.0 - Pre-Workout Creatine Amino Acids - 820g,  
Tropical Punch (#10283)

## Product Summary

### **Directions**

Mix 1 serving (20 g) with 400 ml of cold water. Slightly carbonated, open bottle lid when mixing every 5 seconds to avoid accidental pressure build-up! Use 30-45 minutes before training, preferably on an empty stomach. Individuals sensitive to stimulants should first assess tolerance by taking half servings (contains 300 mg of Caffeine per serving)! Use this product on conjunction with food as part of a healthy , balanced diet, not as a substitute for such.

### **Allergen info**

Manufactured in a facility that processes milk, soy and egg proteins, and gluten, peanuts!

### **Warnings**

This product contains an absorption modifier that could affect your medications - consult your physician before use! Contains caffeine. Not recommended for children or pregnant women. Individuals sensitive to stimulants should first assess tolerance by taking half servings (contains 300 mg of Caffeine per serving)!

Beta-Alanine may cause a harmless, temporary tingling sensation on the skin for some individuals. KEEP OUT OF REACH OF CHILDREN! DON'T EXCEED THE DAILY RECOMMENDED DOSAGE!

### **Flavors**

20 g, 25x20 g: blood orange, blue guarana, guarana, orange juice

300 g, 820 g: blood orange, blue guarana, guarana, orange juice, orange-maracuja, pink lemonade, tropical punch

## Sizes

20 g - 1 serving (packet), 25x20 g - 25 servings, 300 g - 15 servings, 820 g - 41 servings

## Product Description

**5 CREATINES • L-CARNITINES • AMINO ACIDS • VITAMINS & MINERALS • ANTI-OXIDANTS • CITRULLINE MALATE & AAKG • CAFFEINE AND BETA-ALANINE • WITH BIOPERINE® • ASPARTAME FREE**

When you train or are engaged in physical activity and you reach a certain intensity, your body and blood “heat up” so you can work more efficiently. Our HOT BLOOD complex pre-workout formula is carefully designed to support your body in physical activity, especially during high-intensity training! Our 5 component, multi-creatine matrix is 4500 milligrams and provides - among others - the most studied Creatine form ever! Creatine in this dose is scientifically proven to increase performance in successive bursts of short-term, high intensity exercise like weight training and interval cardio!\*

Many of our select ingredients contribute to one or more of the following beneficial physiological effects\*: Normal muscle function. / Normal functioning of the nervous system: neurotransmission and muscle contraction including heart muscle. / Reduction of tiredness and fatigue. / Normal energy-yielding metabolism. / Normal amino acid/protein synthesis. / Normal psychological function. / Electrolyte balance.

*\*These statements have been scientifically proven by the European Food Safety Authority (EFSA) and authorized by the European Commission (EC).*

Aspartame free!